# Your donation is making a huge impact. Because of your generosity:

#### Parents

are recognizing signs of mental illness and having meaningful conversations about mental health with their teenagers, ultimately leading to improved outcomes for families.

### Students

are learning about mental health, resulting in **reduced stigma and suicidal thoughts**, and an increased ability to seek help.

### **Teachers**

are able to **identify and refer students** with mental
health issues earlier, leading
to improved outcomes.

## Coaches

are taking a more proactive approach to mental health, checking in with their student athletes and discovering who needs help.



To learn more about our potentially life-saving programs, visit **mentalhealthcollaborative.org**